



PRMC E-Newsletter

JUNE 2011

PRMC MATERIAL SPOTLIGHT

Domino Strategy Wallet Card



The Domino Strategy Wallet Card is designed to help people who drink alcohol reduce their risk of harming themselves or others by providing low-risk drinking guidelines.

Contact PRMC to request:
Phone: 701-382-8919
E-mail: ndprmc@nd.gov

[Order Online](#)



ONLINE ORDERING NOW AVAILABLE!

You can now request Clearinghouse materials from the Prevention Resource and Media Center (PRMC) right on our Web site, here's how:

Visit the [PRMC Web page](#) and click on "Request Clearinghouse Materials"

- pamphlets
- activity books
- temporary tattoos
- posters
- and more!

SAFE SUMMER CELEBRATIONS

Mocktails are popular alternatives to alcoholic drinks and allow everyone to enjoy the spirit of summer celebrations in a responsible way.

Here are some recipes you can try this summer:

TORNADO TWIST

→ In a pitcher, mix cranberry-raspberry juice with lemon-lime soda. Pour over ice and serve.

MOCK CHAMPAGNE

Combine the following and serve:

- 1 liter Ginger ale, chilled
- 24 ounces pineapple juice, chilled
- 32 ounces white grape juice, chilled

For more recipes visit:

[Allrecipes](#)
[Mocktail recipes daily](#)